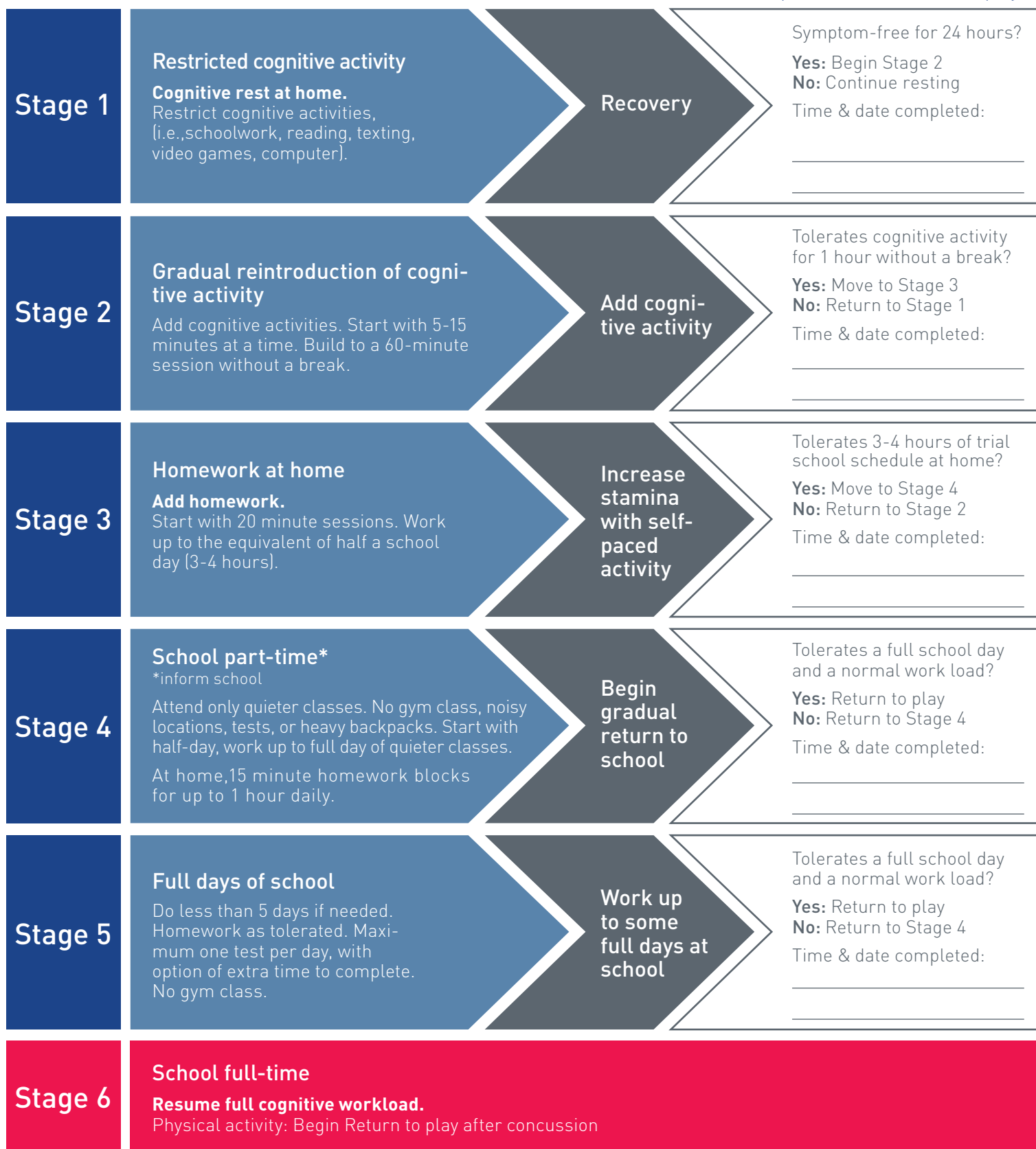


# Return to learn after concussion (Return to learn should be completed before Return to play)



\*This is a general guideline and there may be differences in how people move through the stages and can be adjusted by a trained health care practitioner based on needs.

If symptoms reappear at any stage, go back to the previous stage. You may need to move back a stage more than once during the recovery process. Physical activity during Return to Learn is restricted to walking as tolerated.