


Limelight Allstars Fall Class Schedule September 12 - December 18

Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday	
Mom and Me Cheer Age 2-3 years 2:30-3:30	Level 2.1 Tumbling 5:30-6:30	PreSchool Cheer Age 4-5 years 2:30-3:30	Flyer Flex Class 5:30-6:30	Cheer & Tumble Age 4-6 years 11:30-12:30	Flyer Stunt Class 1:00-2:00	
Cheer & Tumble Age 5-12 years 5:30-6:30	Level 1.1 Tumbling 5:30-6:30	Level 2.0 Tumbling 5:30-6:30	Level 2.1 Tumbling 5:30-6:30	Level 1.1 & 1.2 Tumbling 11:30-12:30	Cheer & Tumble Age 7 -12 1:00-2:00	
Level 1.1 Tumbling 5:30-6:30	Flyer Flex Class 5:30-6:30					Level 1.1 Tumbling 2:00-3:00
Flyer Flex Class 6:30-7:30	Level 2.2 Tumbling 6:30-7:30					Flyer Stunt Class 3:00-4:00
Level 1.2 Tumbling 6:30-7:30	Level 2.0 Tumbling 7:30-8:25					Parent Class 3:30-4:30
					Flyer Flex Class 5:00-6:00	
<p>- Cheer & Tumble - formerly Rec Cheer. Learn the foundational skills of the sport. Includes Level 1.0 - rolls, bridges, handstands on the wall.</p> <p>- Level 1.1 - cartwheel, roundoff, bridge recover, kickovers</p> <p>- Level 1.2 - back and front walkovers, handstands</p> <p>- Level 2.0 - front & back limbers, BHs drills</p> <p>- Level 2.1 - standing & running BHS, Front handspring</p> <p>- Level 2.2 - standing and running multiple BHS, specialties</p> <p>- Flyer Flex Classes - focus on flexibility, air positions and strengthening. Open to flyers and non-flyers.</p> <p>- Flyer Stunt Classes - include bases so flyers can work on overall stunt technique.</p> <p>- Parent Class - fitness classes with CarrieAnne. Open to parents and adults 18 plus.</p> <p>There are no makeup classes for missed classes unless Limelight cancels the class.</p> <p>Open Gym (fuchsia) is FREE for members and \$15 for non-members.</p>						
<p>Novice Teams - Rec teams that perform at a local competition at the end of the session.</p> <p>Turquoise - Saturdays 10:30-11:30</p> <p>Topaz - Wednesday 6:30-7:30pm</p> <p>Contact us for more information.</p>						
<p>Class Prices</p> <p>Single Class \$22.00</p> <p>5 Class Multipass \$100.00</p> <p>10 Class Multipass \$180.00</p> <p>20 Class Multipass \$340.00</p>						