

Limelight Allstars



Tumbling Programs 2023-2024

All competitive athletes, except non-tumbling team athletes, must participate in one of the following tumbling packages. **Elite athletes on elite teams will automatically participate in the Academy**, and if they so choose, can participate in one of our other tumbling activities. Elite athletes not on elite teams, are able to participate in the Academy for the fall session only. Any non-competitive athletes may choose to participate in privates or classes.

1. The Academy - The Academy will be on Sundays for 2 hours, from 4-6pm, starting in September and ending in March. The Academy will train tumbling, jumps, and stunts with a focus on the individual during the fall. In the Winter, the Sunday time will become a 3rd day of team practice for elite teams.
 - a. Athletes must have Elite Status to participate in the Academy. New athletes can request to be assessed for this program.
 - b. Only Academy athletes will have opportunities to compete in specialty groups.
 - c. The price is 750.00 per athlete for the season. (Sept-Mar). **This fee is included in the team fees for elite team athletes.**
 - d. Includes
 - i. 1 Academy workshop throughout the season with special guest instructor
 - ii. 1 Academy T-shirt
 - iii. One time 25% discount on any another tumbling package
 - e. Elite athletes that are not on Elite teams and wish to participate in the Academy will pay 60% of the fees for the fall session and must enroll in another tumbling program starting in January.
2. Semi-private Package – Twenty 1-hour classes, September – March. These are booked on the same day and time throughout the season. Billed as one invoice and can be split for each athlete in the semi-private. Book the time and day that your group wants. You decide how many people in your class and who is in your class.
 - a. 2 athletes = 650 each athlete
 - b. 3 athletes = 500 each athlete
 - c. 4 athletes = 425 each athlete
3. Private Lessons – not part of any other package. Billed to one athlete in Amilia. Athletes can book when they desire and cancel if needed.
 - a. 1 session = 65 per hour, 32.50 per half hour
 - b. If you decide to choose this option as your only tumbling class, then you would need to pay for 20 in advance.
4. Team Group Classes – Our tumbling classes are for levels 1-3. Our usual athlete to coach Ratio is 8:1. Athletes using this option must purchase a minimum of 20 tumbling classes for the season at a rate of \$400.00.

This is subject to change until September 1st, 2023. We are trying to create these programs to work with GoMotion the best we can and there may be some issues we encounter over the next couple of months.