

Winter Tumbling Class Schedule - January 6-April 28

Monday		Tuesday		Wednesday		Thursday		Saturday		Sunday	
Level 1 Tumbling	530-630	Level 1 Tumbling	630-730	Intro to Tumbling	530-630	Level 1 Tumbling	530-630	Level 1 Tumbling	9-10	Level 1 Tumbling	2-3
Level 2 Tumbling	830-930	Level 2 Tumbling	730-830	Level 1 Tumbling	630-730	Level 2 Tumbling	630-730	Level 1 Tumbling	10-11		
				Level 2 Tumbling	730-830			Intro to Tumbling	1030-1130		
								Level 1 Tumbling	12-1		
								Level 2 Tumbling	1-2		
Intro To Tumbling	Foundations of Tumbling - rolls, cartwheels, bridges										
Level 1 Tumbling	Roundoffs, Kickovers, Walkovers										
Level 2 Tumbling	Limbers, Back and Front Handsprings										
Level 3 or higher	Please use private lessons or semi-private lessons, or see management.										
Unlimited Monthly Pass	\$125, plus HST per month. Can stop at any time. Able to attend any level-appropriate classes each week.										
Team Discount	All prep and competitive athletes will receive a 15% discount, see management for details. <i>Does not apply to novice teams.</i>										
Rules for Monthly Pass	<ol style="list-style-type: none"> 1. Payment will be deducted on the 5th of each month for the current month. 2. Cancellations must be made before the 20th of the month in order to stop the next month payment. 3. Missing a class is easy to make up. Simply come to any future classes. 4. Members will be provided a code to enter upon registration for each class to receive a discount. 5. The calendar year has many breaks and/or additional weeks. There is no break or discount for time variance. 6. Fees are pro-rated for late registrations. 										
Novice Teams	Recreational non-compete teams that attend 1-2 events.										
U8 Cheer	5-8 years old		Tuesday		5:30-6:30						
U12 Cheer	8-12 years old		Wednesday		5:30-6:30						
U12 Cheer	8-12 years old		Saturday		11-12						
U8 and U12 Cheer	5-12 years old		Sunday		1-2						
U12 Pom Dance	8-12 years old		Sunday		2-3						
All novice teams are \$450 for the winter session and include team practices, choreography, event fees and a team shirt. The shirt is the same as the fall session, so if you already have a shirt, you do not need another.											

