



Tumbling Programs 2025-2026 - updated May 28, 2025

All intermediate competitive athletes must participate in one of the following tumbling packages. Any novice or recreational athlete may choose to participate in privates or classes. **Advanced athletes will have tumbling included in their team practice, but may also participate in these programs.**

- **Advanced athletes will receive a 25% discount on all lesson packages below..**

Private Lessons - Twenty-six 1-hour classes, September – March/April. (13 weeks during the fall, and 13 weeks during the winter). 26 weeks of tumbling must be completed by the end of April. These are booked on the same day and time throughout the season. These are billed as one invoice and can be split for each athlete in the semi-private. You decide how many people are in your lesson and who is in your lesson. The earlier you reserve your times, the better your chances are to get the time slot you want and the coach you want.

1. 26 one-hour Semi-Private Lessons – no more than 4 people
 - a. 2 athletes = 910.00, plus HST for each athlete
 - a. 3 athletes = 650.0, plus HST for each athlete
 - b. 4 athletes = 520.00, plus HST for each athlete
 2. 26 one-hour Private Lessons – individual athlete
 - a. 1 athlete = 1690, plus HST
 3. Policies
 - a. The above fees can be paid in one lump sum (due at the time of reserving) at no additional cost or over 8 months with a 3% additional installment fee added. (1st installment due at registration, 7 other installments due Sept-March)
 - b. Any canceled lesson must have a 24-hour notice to receive a makeup. (Except in an emergency or due to illness.)
 - c. In a semi-private lesson, there are no makeups or refunds if one person misses a lesson and the others continue with the lesson.
 - d. Should the coach cancel on you within 24 hours, you will receive a free lesson to make up for the cancellation.
- Privates start September 7, 2025
 - Select your favourite coach and check their availability
 - Secure your same spot every week

Limelight Allstars



Tumbling Classes - Level 1 or Level 2 monthly tumbling classes from September through April. Follow the class schedule for options. *Level 3 or higher should participate in a semi-private or private lesson.*

- **Advanced athletes will receive a 25% discount on all options below.**
 - Current registered intermediate team members receive a 15% discount on these prices
1. \$125 plus HST per month for the single-class plan
 - a. One-hour tumbling class each week, Sept-April
 - b. Autopayment enrollment on the first of each month, Sept-April
 2. \$175 plus HST per month for unlimited classes.
 - a. Athletes may participate in as many classes as possible each month
 - b. Autopayment enrollment on the first of each month, Sept-April
 3. Policies
 - a. Missed classes - No refunds or credits for missed classes
 - i. If an athlete is on the single-class plan, they can make up by simply attending another class at another time that month. Make-up classes must be limited to 3 per season.
 - ii. Unlimited-class athletes do not receive makeup classes.
- Starts September 6, 2025
 - Payments are made monthly, beginning Sept 1
 - Choose from single-class or unlimited options
 - Tumbling Classes have an 8:1 athlete/coach ratio

Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
Level 1 Tumbling 5:30-6:30pm	Level 2 Tumbling 5:30-6:30pm	Level 1 Tumbling 6:30-7:30pm	Level 1 Tumbling 7:30-8:30pm	Level 2 Tumbling 10-11am	Level 1 Tumbling 11am-12pm
Flex Class 7-8pm	Level 1 Tumbling 6:30-7:30pm	Level 2 Tumbling 7:30-8:30pm	Level 2 Tumbling 7:30-8:30pm	Level Tumbling 11-12pm	
Level 2 Tumbling 8-9pm	Level 1 & 2 Tumbling 7:30-8:30pm			Level 1 & 2 Tumbling 12-1pm	
				Open Gym 1-3pm	
				Flyer Class 2:30-3:20pm	