

LIMELIGHT ALLSTARS

INFORMATION PACKET 2026-2027

**FINAL UPDATE -
MAY 28, 2026**



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Limelight Allstars

Thank you for joining us to celebrate the milestone. We are super excited about the season, especially these updates.

**Season
15**

CheerCon - Sept 13

All athletes will participate in a fun-filled day of presentations and training. Outside, we will have carnival games and fun activities for everyone. It is a fun time to start the season.

Showcase - Dec 6

All teams will perform their routines for parents and family. It is a kick off to our competition season.

Banquet - End of April TBD

We are bringing the banquet back. Athletes will dress up, receive awards, enjoy a nice meal and dance the night away.

Travel Team

A select group of athletes will experience cheerleading in Germany and get a chance to see the world.



Athlete Care, All Season Long

Limelight athletes get priority access to Vaughan Physiotherapy: same-day appointments, free phone consults, and a direct line to our team.

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NOVICE TEAMS

NON-COMPETITIVE

Novice teams are the first step into the sport of allstar cheerleading. Athletes learn routines and perform at competitions in the non-compete division. Rather than fighting for first place, they are rewarded for their hard work based only on their own performance .

- Sept-April- regular season
- Registered athletes should attend May and June practices
- Once a week for 1-1.5 hours
- 3 competition performances
- 1 showcase
- No experience needed
- Ages 3-16

- Twinkle U6: Age 3-5 Saturdays 9-10am
- Glitter U8: Age 5-8 Tuesdays 6-7:30pm
- Shimmer U12: Age 8-12 Wednesdays 5:30-7pm
- Glimmer U12: Age 8-12 Saturdays 11-12:30pm
- Blink U16 Age 12-16 Wednesdays 7:30-9pm



Competition Fees

\$350



Apparel

\$350



Team Fees

\$1350 TWINKLE
\$1750 OTHERS



INTERMEDIATE TEAMS PREP DIVISION

Intermediate (prep) teams are the first competitive step into the sport of allstar cheerleading. Prep teams compete against other programs and stay within Ontario.

- Sept-April- regular season
- Twice a week for 1.5-2 hours each
- 4-5 competitions, 1 showcase
- No experience needed for level 1, Ages 8-16.
- Mandatory May/June training
 - June training is Wednesdays 5:30-7:30

Team Fees
\$2250

- Glow U8: Ages 6-8, Mon 5:30-7pm/Sat 10-11:30am
- Glitz U12: Ages 8-12, Tue 5:30-7pm/Thu 5:30-7pm
- Shine U16: Ages 12-16, Mon 6:30-8pm/Wed 7:30-9pm

Competition Fees
\$450

Apparel
\$550



ADVANCED TEAMS COMPETITIVE

Advanced team athletes are required to meet certain skill sets and participate in team tumbling classes each week.

Advanced athletes should have a front and back walkover.

- Sept-April- regular season
- Mandatory May/June Training
 - June is Tuesdays 530-730
- Twice a week for 1.5- 2 hours each
- 5 competitions & 1 showcase
- Mandatory cheer experience or gymnastics experience
- Return to practice on Aug 24 for choreography and training.

- Spark U12 Level 2: ages 8-12
 - Tue 5:30-7/Thu 5:30-7:30pm
- Ignite U16 Level 2: ages 12-16
 - Tue 7:30-9:/Thu 7-9pm

Team Fees

\$ LEVEL 2 -\$2750

Competition Fees

\$ \$850

Apparel

\$ \$550



OPEN TEAM

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Rays is our level 4.2 open team. This team is perfect for new and experienced athletes alike . This team will compete for a bid to Summit and/or Allstar Worlds in Orlando, FL.

- Sept - April
- Saturdays 1:30-3:30 pm/ Mondays 8-9:30 pm
- 3-4 competitions, 1 showcase
- Level 4.2
- Age 16+
- June practices Mondays 5:30-7:30 pm *optional



Team Fees

\$2250



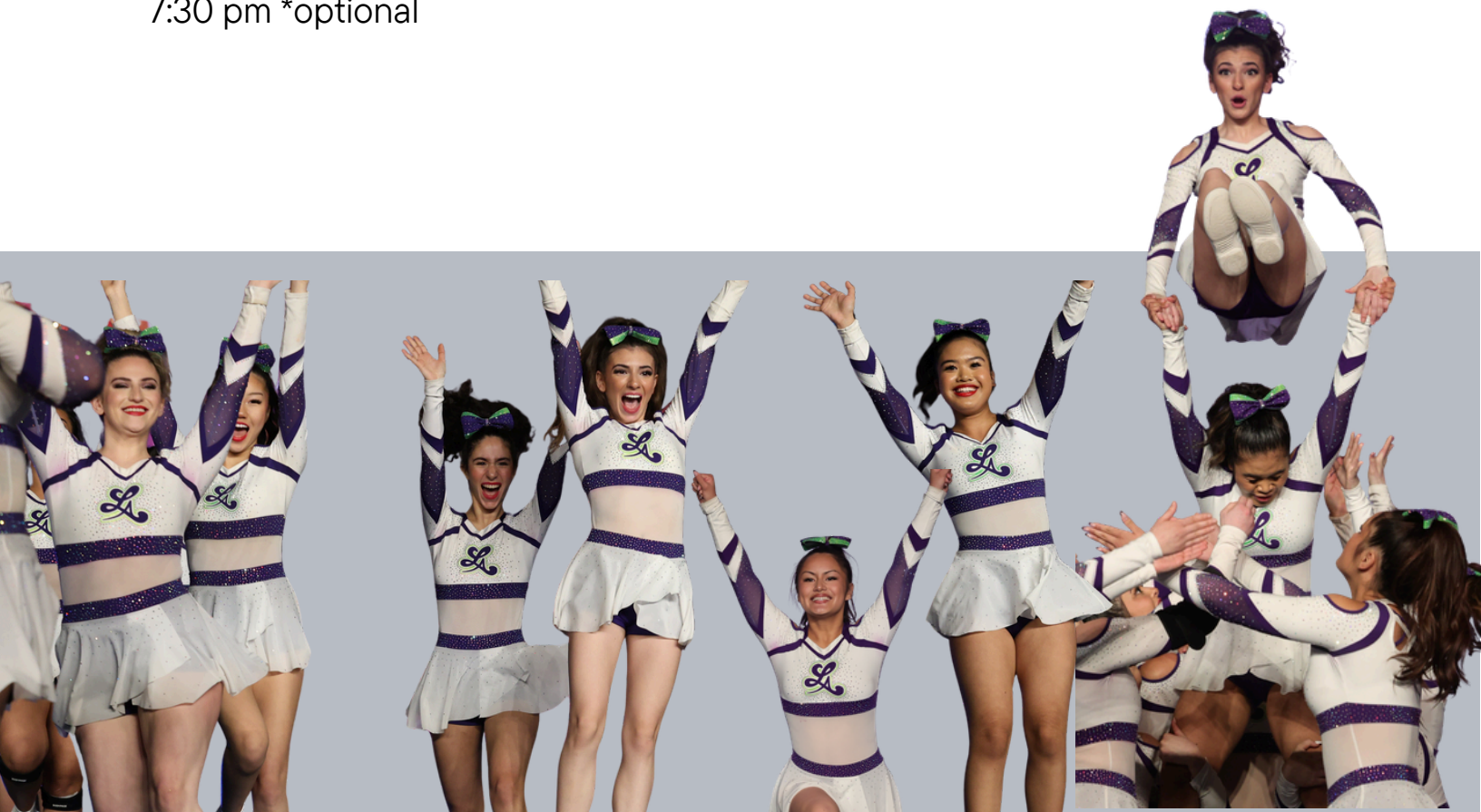
Competition Fees

\$800



Apparel

\$350



Travel Teams 6



**We're going to
GERMANY!!
May of 2027**

- Team Bright - age 7-12
- Level 1 Team, but open to all levels
- Practices on Mondays in June 5:30-7:30
- Practices on Sundays 2-4pm Sept-May
- Choreography TBD
 - possibly Aug 31-Sep 3
 - Possibly Jan 2-3
- In late April/Early May we will begin extra practices before the trip
- The fee is 1250 and includes
 - coaching fees, all season and on the trip
 - competition fees for one local event and for Germany
 - trip apparel, choreography, music
- You must be on another team at Limelight to be on our travel team, or staff approval. It is open to novice, intermediate and advanced athletes who have maxed tumbling or staff approval.
- We require impeccable attendance to be on this team. It is a must to be at these practices!!!



7 IMPORTANT DATES

	Novice	Intermediate (Prep)	Advanced	Open
Choreography Camp - Aug 31- Sep 3			X	
CheerCon - Sun, Sep 13	X	X	X	X
Choreography Camp - Oct 3-4		X		X
Cheer for the Cure - Nov 27-29 - Mississauga			X	
Showcase - Sun, Dec 6 - Limelight Gym	X	X	X	X
Breath of Life - Dec 12-13 - Guelph		X		X
Extreme Chill - Sun, Jan 24 - Barrie	X	X	X	X
Ontario's - Feb 12-14 - Kitchener			X	X
Rising Star - Sun, Feb 28 - Guelph	X	X		
Kicks - Mar 27-28 - Montreal				X
Cheer Challenge - Apr 2-4 - Blue Mountain	X	X	X	
Nationals - April 9-12 - Mississauga			X	X

AUG 24-27- SUMMER PRACTICE

- SPARK - 5:30-7:30PM
- IGNITE - 7:30-9:30PM

AUG 31-SEP 3 CHOREO CAMP

- SPARK - 9:00-1:00PM
- IGNITE - 2:00-6:00 PM

OCT 3-4 CHOREO CAMP

- GLOW - 9:00-1:00PM
- GLITZ - 12:00-4:00PM
- SHINE - 3:00-7:00PM
- RAYS - 6:00-10:00PM

JUNE PRACTICES

- All registered athletes should attend
- June 13-14 - Skills Camps

HOLIDAY CLOSINGS

- Thanksgiving - Oct 10-12
- Winter Break - Dec 19 - Jan 1
- March Break - Mar 13-19

TUMBLING PROGRAM

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Tumbling options

- Classes
 - Offered 5-6 days a week
 - Levels 1 and 2
 - Team members receive a 20% discount
- Private Lessons
 - Choose your coach
 - Half-hour and full-hour options
 - Save when purchasing in bulk



STAR PROGRAM

Our unique Star program is great for all athletes who wish to become better overall. Each week, you will train for 1.5 hours on Jumps, Stunts and Strength/Flexibility.

- Sep-April, Sundays 12-1:30pm
- \$750 for the season
- Travel team members receive 50% discount on the Star Program

The fees on this page are not included in your team fees and will be billed separately.

FLYER/BASE PROGRAM

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All team athletes are required to participate in the following:

- Weekly Classes
 - Either before or after practice for 30 minutes
 - Focus on air positions and flexibility, strength and technique
- Fee Structure
 - Novice - \$150, due Sept 1, Starts Nov
 - Intermediate/Open - \$200, due Sept 1, Starts Oct
 - Advanced - \$250, due June 1, Starts Sept



PRACTICE TIMES

- Novice - Starts in Nov
 - Twinkle - N/A
 - Glitter - Tue 7:30-8
 - Shimmer - Wed 7-7:30
 - Glimmer - Sat 12:30-1
 - Blink - Wed 7-7:30
- Prep (Intermediate) - Stars in Oct
 - Glow - Mon 7-7:30
 - Glitz - Tue 7-7:30
 - Shine - Wed 7-7:30
- Advanced - Starts in Sept
 - Spark - Tue 7-7:30
 - Ignite- Tue 7-7:30
- Open - Starts in Oct
 - Rays- Mon 7:30-8

The fees on this page are not included in your team fees and will be billed separately. These are mandatory for all athletes.

PRICING AND PAYMENTS



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After May 31, 2026, Team Placement fee is \$150 for new members, \$125 for returning members. Contact us for placement.

* Team fees are due at time of registration. You can pay in the following methods:

- In full - receive a 5% discount
- 4 equal payments
- Monthly installments, additional 4% installment fee added

Team fees include team training, choreography, music, showcase for all teams. June and August training is included in level 2 intermediate team fees and all advanced team fees. Includes team tumbling for some teams Sept-April. Tumbling for everyone else is additional.

* Competition Fees are due in full October 1st and include competition fees and coach event fees.

* Apparel Fees are due in full at time of ordering.

- Summer order is due on June 1
- Fall order is due in September 1

Apparel includes team competition uniform and outer apparel item such as hoodie and practice shirts, shoelaces and hair bow.



OTHER FEES THAT ARE NOT INCLUDED

We try our best not to surprise our members with additional fees throughout the season.

- Base/Flyer training fee is due according to page 9.
- Personal expenses for competitions such as travel, parking, and meals
- Shoes and personal items
- A ticket to the Banquet is not included in your fees for athletes or parents.
- Additional classes, workshops, and other events

YOUR RECOVERY TEAM



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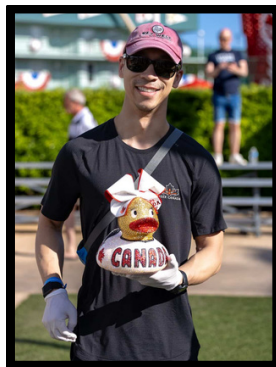
In Partnership with Vaughan Physiotherapy Clinic

Limelight Allstars has partnered with Vaughan Physiotherapy Clinic to keep our athletes healthy, strong, and competition-ready.

Vaughan Physio is committed to supporting local sports! We are a resource for you:

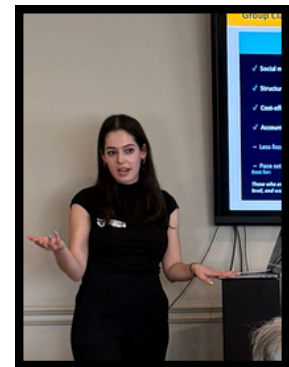
- **Priority booking:** preferred pathway into the clinic with same-day appointments for Limelight athletes
- **Complimentary phone consults:** quick questions and triage at no charge
- **Email us questions:** reach our team directly whenever you need guidance!
- **Sport-specific care:** recovery built around the real demands of cheer

Our Team



Derrick Shao - Reg. Physiotherapist

- Medical Team at Cheer Canada
- Focused on getting athletes back on the mat safely and confidently
- Sport Physiotherapy Canada



Victoria Haitov - Reg. Physiotherapist

- Deep understanding of the demands of cheer and dance
- Passionate about movement, performance, and athlete care
- Orthopaedic, Paediatric, and Pelvic Health Focus



vaughanphysiotherapy



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