

2019 Summer Class Schedule

	Monday		Tuesday		Wednesday			Thursday	
4:00-5:00			Level 2C	Level 2B	Level 2B	Level 1A		Level 2C	Level 4
5:00-6:00	Level 1B	Level 2B	Level 1A	Level 2A	Level 1C	Level 2B			Level 2B
6:00-7:00	Level 3	Level 4		Level 1B	Level 4	Level 2A		Level 1C	Level 1B
7:00-8:00	Level 1A	Level 5	Rec Cheer Age 5-6	Level 3	Rec Cheer Age 7-9	Level 3	Level 5	Rec Cheer Age 10-13	Level 1A
8:00-9:00	Level 1C	Level 2C	Level 1C	Level 2A	Level 2C	Level 1C		Level 2A	Level 2B

Prerequisites There are no pre-requisites for level 1A. To attend higher level classes, you should master lower level skills

Class	Level 1A	Summer Class Prices
Skill Focus	Front Rolls, Handstands, Cartwheels, Bridges	1 Month, 4 Classes = 79.99, includes HST
Class	Level 1B	Single Classes = 21.99, includes HST
Skill Focus	Bridge Kickover, Back Limber, Front Limber, Roundoffs	<i>Returning Team Athletes receive a 25%</i>
Class	Level 1C	<i>discount. Does not apply to returning</i>
Skill Focus	Front Walkover, Back Walkover, Drills for Back Handspring	<i>recreational, show team or class athletes.</i>
Class	Level 2A	All athletes must have a current LCA membership: prep, competitive or rec Rec membership = 49.99, plus HST includes a T-shirt
Skill Focus	Staning Back Handspring, Roundoff Back Handspring	
Class	Level 2B	
Skill Focus	Back Handsprings Series, Walkover to Back Handsprings	
Class	Level 2C	
Skill Focus	Front Handsprings, Specialty Passes	
Class	Level 3	STAR Program recurring - \$600 per season You must first purchase a regular tumbling class before STAR
Skill Focus	Roundoff Back Handspring Tucks, Front Tucks	
Class	Level 4	
Skill Focus	Standing passes to Tuck, Roundoff Back Handspring Layout	
Class	Level 5	<u>STAR program includes:</u> - up to 4 additional drop in classes per month - 25% discount on workshops & PA day camps - 25% discount on Parent Night Out events - \$10 off private lessons
Skill Focus	Toe Touch Tuck, Standing Pass to Full, Roundoff to Full	
Class	Rec Cheer	
Skill Focus	Learn the fundamentals of cheerleading and develop a routine	
Classes begin May 13 and end August 29.		
Makeup classes are only offered when the gym is closed.		